



RS End of Season Regatta 3rd and 4th of November 2018

Organising Authority: RS Class Association with Rutland Sailing Club
Venue: Rutland SC, Edith Weston, Rutland, LE15 8HJ - 01780 720292 -
www.rutlandsailingclub.co.uk

EVENT SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the rules of the competing classes. If there is a conflict between the class rules and these Sailing Instructions, these Sailing Instructions will take precedence.
- 1.2 Competitors should note that the host sailing club implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the RYA rule book (Racing Rules of Sailing 2017-2020), or at <http://www.rya.org.uk/racing/Pages/RacingCharter.aspx>.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the Wet Bar in the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted on the official notice board before the briefing on that day. However, any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the masts outside the race hut situated on the club balcony.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

	Saturday	Sunday																		
5	SCHEDULE OF RACES																			
5.1	A pursuit race is scheduled on Saturday as follows: Briefing: 12:00 in the wet bar Pursuit race: First start: 13:00 Finish: 15:00	Class racing is scheduled on Sunday as follows: Briefing: 09:30 in the wet bar Race 1: First warning: 10:30 Races 2 and 3: Back to back																		
5.2	To alert boats that the pursuit race will begin soon, an orange flag will be displayed with one sound signal five minutes before the first start.	To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal five minutes before a warning signal is made.																		
6	CLASS FLAGS																			
6.1	Class flags will not be used in the pursuit race.	Class flags will be: <table border="1" style="margin-left: 20px; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Class</th> <th style="text-align: left;">Flag</th> </tr> </thead> <tbody> <tr><td>RS100</td><td>Red Flag with black RS100</td></tr> <tr><td>RS200</td><td>Yellow Flag with black RS200</td></tr> <tr><td>RS300</td><td>Light blue Flag with black RS300</td></tr> <tr><td>RS400</td><td>Violet Flag with black RS400</td></tr> <tr><td>RS500</td><td>Green Flag with black RS500</td></tr> <tr><td>RS600</td><td>Pink Flag with black RS600</td></tr> <tr><td>RS800</td><td>White Flag with black RS800</td></tr> <tr><td>RS Aero</td><td>White Flag with black RS Aero</td></tr> </tbody> </table>	Class	Flag	RS100	Red Flag with black RS100	RS200	Yellow Flag with black RS200	RS300	Light blue Flag with black RS300	RS400	Violet Flag with black RS400	RS500	Green Flag with black RS500	RS600	Pink Flag with black RS600	RS800	White Flag with black RS800	RS Aero	White Flag with black RS Aero
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7	RACING AREAS																			
7.1	The race area may encompass any part of Rutland Water, within the limits of sailing.	The racing areas will be shown on the official notice board at least one hour before the start of racing and may be described at the briefing.																		

	Saturday	Sunday
8	THE COURSES	
8.1	The course diagram will be displayed on the Official Notice Board at least one hour before the race. Copies will be available at the briefing. All boats will sail on the same course. There will be no limit to the number of laps to be sailed. The duration of the race will be two hours.	The diagrams in the annex show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. There will be two course areas and the allocation of fleets to course areas will be advised on the Official Notice Board and at the briefing, subject to the number of entries in each class.
8.2	A lead boat displaying a large Flag 'L' may drive in front of the leading competitor to indicate the position of the next mark.	No later than the warning signal, the race committee boat will display the course to be used for each class. The race committee boat may also display the approximate compass bearing of the first leg.
9	MARKS	
9.1	Marks will be Rutland Sailing Club racing marks and/or yellow or black buoys.	Marks will be black spheroidal buoys on the trapezoid course and yellow spheroidal buoys on the windward – leeward course
9.2	The starting marks will be a race committee boat at the starboard end and a dan-buoy at the port end. See instruction 15 (The Finish) for finishing marks.	The starting and finishing marks will be race committee boats and any attachments at the starboard ends and dan-buoys at the port ends.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The 'RUTLAND BELLE' (a pleasure cruiser), water towers, launching platforms and the no-sailing zones at the western ends of the northern and southern arms are designated as obstructions; competitors shall give reasonable clearance.
- 10.2 Competitors shall give a clearance of at least 40 metres from anglers who are fishing whether in drifting fishing boats or on the shore.
- 10.3 Competitors shall not sail through the moorings in the East and West Creeks.

	Saturday	Sunday														
11	THE START															
11.1	Rule 26 is amended as below. Classes shall be started by using the signals shown in SI 11.2. There will be one sound signal each minute, on the minute, from the first start until all the boats have started. Times shall be taken from the sound signals, not the visual signals.	Races will be started using rule 26 with the warning signal made 3 minutes before the starting signal (i.e. 3, 2, 1, GO).														
11.2	The first class to start (i.e. the RS Aero 5 class) will be started using rule 26 with the warning signal made 3 minutes before the start (i.e. 3, 2, 1, GO). The warning signal will be a RED flag and the preparatory signal will be a "P" flag. Subsequent starts will be controlled by a large digital race timing clock mounted on the Committee Boat. This digital clock will start to count up in hours:minutes:seconds from 00:00:00 from the time of the first start. Competitors shall not start before the clock displays the starting time corresponding to the class of their boat shown below.	Classes will normally have separate starts; however, the Race Committee may start classes with few competitors together with another class. This will be described at the briefing. The warning signal for one class may be simultaneous with the starting signal for the previous class.														
	<table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Class</th> <th>Starting Time</th> </tr> </thead> <tbody> <tr> <td>RS Aero 5</td> <td>0</td> </tr> <tr> <td>RS Aero 7</td> <td>6 minutes</td> </tr> <tr> <td>RS 200</td> <td>9 minutes</td> </tr> <tr> <td>RS Aero 9</td> <td>12 minutes</td> </tr> <tr> <td>RS 100</td> <td>13 minutes</td> </tr> <tr> <td>RS 300</td> <td>17 minutes</td> </tr> </tbody> </table>		Class	Starting Time	RS Aero 5	0	RS Aero 7	6 minutes	RS 200	9 minutes	RS Aero 9	12 minutes	RS 100	13 minutes	RS 300	17 minutes
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RS 100	13 minutes															
RS 300	17 minutes															

		Saturday		Sunday	
		RS 500	18 minutes		
		RS 400	20 minutes		
		RS 600	23 minutes		
		RS 800	35 minutes		
		A board displayed from the back of the committee boat may be used to repeat the information in the table above.			
11.3	The start line will be located near the Clubhouse and will be between staffs displaying orange flags on the starting marks.			The starting line will be between staffs displaying orange flags on the starting marks.	
11.4	Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.				
11.5	A boat may start late provide she does not interfere with subsequent starts.			A boat starting later than 2 minutes after her starting signal may be scored Did Not Start without a hearing. This changes rule A4.	
11.6	In the event of an <u>individual recall</u> , flag X will be lowered after 1 minute. This amends rule 29.1. In the event of a general recall, 1st substitute will be lowered after 1 minute and the recalled class(s) will start 1 minute after their previous start time. Boats must return to the correct side of the start line by going ROUND THE ENDS of the start line and avoid any other boats which may be about to start. Failure to return correctly will result in disqualification without a hearing This amends Rule 29.2.			In the event of a general recall the order of the starts will be maintained.	
12	CHANGE OF A LEG OF THE COURSE				
12.1	Marks will not be changed after the leading boat has passed them for the first time.			To change a leg of a course, the race committee will move the original mark (or the finishing line) to a new position without signalling. Rule 33 will not apply. Moving marks during racing will not be cause for redress.	
13	THE FINISH				
13.1	The finish shall be precisely two hours after the first start So far as is possible, a long sound signal will be made by each race support boat and from the race hut adjacent to the clubhouse to indicate the finish of the race. Each helm should make a record of the boat immediately in front of and behind them at the finish time for verification and a signing-off declaration. Forms will be available for this purpose at the briefing which should be submitted to the club office as soon as possible upon coming ashore.			The finishing line will be between staffs displaying blue flags on the finishing marks.	

	Saturday	Sunday
	<p>After the finish of the race, boats shall then proceed to the next mark of the course and cross the line between that mark and a nearby race support boat displaying a blue flag. Between the finish of the race and crossing the line, boats shall no longer race and shall attempt to remain in their relative positions so as to maintain the order they were in at the time of the finish.</p> <p>Failure to finish in this manner or submit a signing-off declaration in a timely fashion may result in being awarded "Did Not Finish".</p>	
13.2	The course may not be shortened. Rule 32.2 is deleted.	<p>Shortening Courses:</p> <p>13.2.1 Windward/Leeward Course: For courses that are shortened at the leeward gate when the committee boat is in its normal position and flying Flag 'S' (alongside the class flag if more than one fleet is on the course), the leading boat shall round mark 4p on its required side and proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should proceed to the finish line in the same way. This changes RRS 32.2.</p> <p>13.2.2 Trapezoid Course: For courses that are shortened at mark 3, the shortened course will be indicated by a signal boat stationed near the mark flying flag S (alongside or above the class flag if there are more than one fleet on the outer loop) and making repeated sound signals. The leading boat shall round the mark on its required side and then proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should finish as described above. This changes RRS 32.2.</p> <p>13.2.3 For Both Windward/Leeward and Trapezoid Courses: At any other mark of the course the race may be shortened in accordance with RRS 32.2. All competitors shall complete the number of rounds equal to the leading boat before proceeding to the finish.</p>

14 PENALTY SYSTEM

- 14.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 14.2 Boats may touch a mark other than the starting or finishing mark. A boat shall not manhandle a mark so as to gain an advantage. This changes RRS 31

	Saturday	Sunday
15	TIME LIMITS	
15.1	Not applicable to Pursuit Race	<p>The time limits are as follows: Time limit for the first finisher: 75 minutes Mark 1 time limit: 30 minutes Target time: 45 minutes</p>
15.2		<p>If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).</p>

	Saturday	Sunday
15.3		Boats failing to finish within 20 minutes after the first boat of that class sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
15.4		In order to minimise excessive delays between races, the Race Committee may award a finishing position to slower boats that are still racing, after the majority of the fleet have finished. This changes rule 62.1(a).

16 PROTEST AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the club office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each class, the protest time limit is 45 minutes after the last boat in that class has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings are to be held.
- 16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5 A race committee boat shall have power to disqualify without hearing any boat they see sailing the incorrect course. This changes rule 63.1.
- 16.6 For infringements of the rules other than in Part 2 of the RRS, the protest committee may award a lesser penalty than disqualification.

17 SCORING

- 17.1 At least the pursuit race on Saturday and one race on Sunday are required to constitute a series
- 17.2 For the purposes of prizes within each class:
- 17.2.1 The score from the pursuit race will correspond to the position within that class only.
- 17.2.2 When fewer than three races have been completed on Sunday, a boat's series score will be the total of her Sunday race scores and double her score from the pursuit race.
- 17.2.3 When all three races have been completed on Sunday, a boat's score will be the total of her best two race scores on Sunday and double her score from the pursuit race.

18 SAFETY REGULATIONS

- 18.1 Personal flotation devices crew members shall be worn at all times whilst afloat. This changes RRS 40 and the preamble to Part 4.
- 18.2 Wetsuits or drysuits must be worn by all competitors.
- 18.3 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
- 18.4 In accordance with RRS 43.1 and ISAF Case 89, no clothing or equipment may be worn on the body of helm or crew to carry liquid of any description, even if for the purpose of re-hydration; this includes camelbacks, water bottles and cans of drink..

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Only the helm or helm and crew team named on the entry form will be eligible. The registered helm and crew may swap roles without restriction.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions, including conformance with the CHECK, CLEAN & DRY procedure in the appendix to the Notice of Race.

21 EVENT ADVERTISING

- 21.1 Boats are not required to display and specific event advertising material.

22 OFFICIAL BOATS

- 22.1 Committee Boats are displacement boats approximately 6-metres long with a green and yellow hull and a white cuddy. Mark layers and rescue boats will be using RIBs

23 TRASH

- 23.1 When afloat trash may be placed aboard support and race committee boats.

24 RADIO COMMUNICATION

- 24.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25 PRIZES

25.1 There will be prizes for the top positions in each class calculated according to instruction 17.2 as follows:

- RS 100 1st, 2nd, 3rd for helm
- RS200 1st, 2nd,3rd, 4th for helm and crew
- RS300 1st, 2nd for helm
- RS400 1st, 2nd,3rd, 4th, 5th for helm and crew
- RS500 1st, 2nd for helm and crew as appropriate
- RS600 1st, 2nd for helm
- RS800 1st, 2nd,3rd for helm and crew
- RS Aero 1st, 2nd,3rd, 4th, 5th for helm

25.2 There will be prizes for the RS All Classes Pursuit: 1st, 2nd, 3rd, 4th (helm and crew as appropriate).

26 RISK STATEMENT

26.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

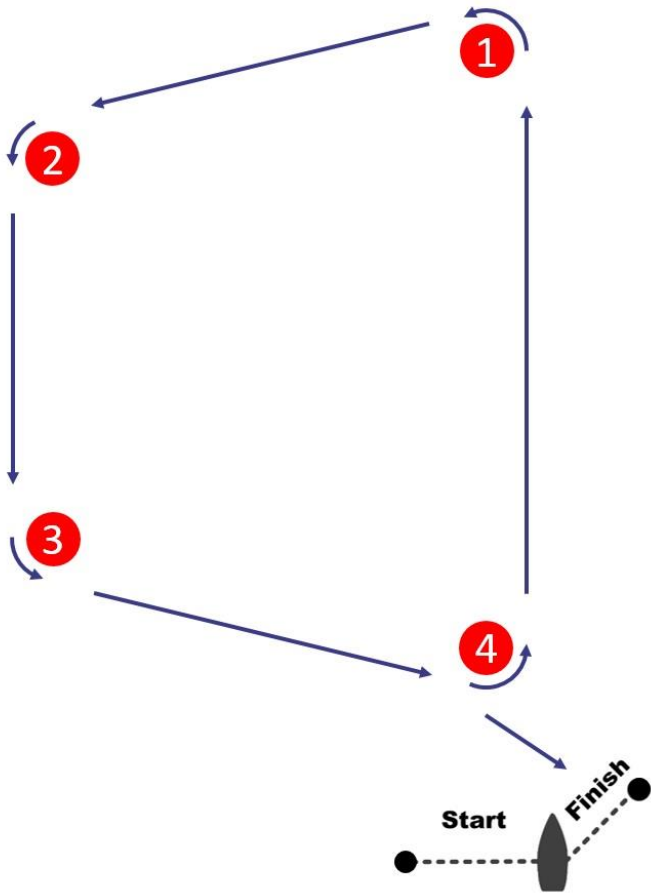
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- Their boat is in good order, equipped to sail in the event and they are fit to participate;
- The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

27 INSURANCE

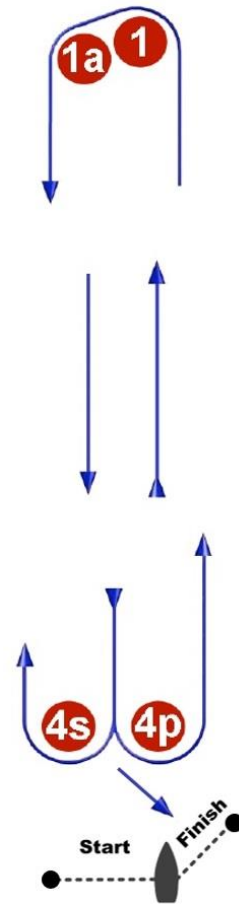
27.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event.

Attachment

Trapezoid Course



Windward – Leeward Course



Signal	Marking Rounding Order
T1	Start - 1 - 2 - 3 - Finish
T2	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish
T3	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish
T4	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - Finish

Signal	Marking Rounding Order
WL1	Start - 1 - 1a - 4p - Finish
WL2	Start - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
WL3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
WL4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish