



RS100 and RS vareo National Championships 2017

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017 to 2020(RRS).
- 1.2 Boats shall not enter the Port of Southampton Deep Water Channel whilst racing and shall avoid any close quarters with any commercial vessel. Further details of this channel may be given at the briefing. Any boat reported for infringing this rule may be disqualified without hearing. (This amends RRS 60.2). Weston Sailing Club supports the RYA Racing Charter and encourages the use of rule 69 and rule 2 to penalise and deter unacceptable behaviour both on and off the water.
- 1.3 In the event of any conflict between the Notice of Race and the SIs, the Sailing Instructions will prevail.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board, situated in the club by the changing rooms.
- 2.2 A Competitors Briefing will be held in the club house on Thu 7th Sept at 11.00 for the RS100s and on Fri 8th Sept at 10.00 for the RS Varios. Subsequent briefings may be held and will be advised on the Official Notice Board.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions (SIs) will be posted at least two hours before the scheduled start time of the race or races concerned; except that any change to the schedule of races shall be posted by 2000hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the side of the race box near to the smaller slipway
- 4.2 When IC flag 'AP' is displayed ashore, '1 minute', in 'Race Signals' is replaced with 'not less than 30 minutes'. This changes the meaning of AP in RRS Race Signals.
- 4.3 Launch Control: When, before a race, International Code flag K is displayed ashore no craft shall launch until flag K is removed. A boat may rig and approach the beach while flag K is displayed ashore. (IC flag K has yellow and blue vertical stripes)

5 SCHEDULE OF RACES

5.1 Dates of Racing – Number of Races – First scheduled start time

Date:	1 st warning signal	No Races
Thu 7 th Sept (RS100s only)	12.25	3
Fri 8 th Sept	11.55	6
Sat 9 th Sept	11.55	3
Sun 10 th Sept	12.25	3

Extra races may be sailed, provided that the class becomes no more than one race ahead of schedule, and the change is made in accordance with SI 3.1.

- 5.2 The warning signal for the first scheduled race for the RS100s on 7th Sept will be at 12.25 hrs. On subsequent days the warning signal for the first scheduled race will be as 5.1.
- 5.3 The warning signal for the first scheduled race for the RS Vareos on 8th Sept will be at 11.55 hrs. On subsequent days the warning signal for the first scheduled race will be as 5.1.
- 5.4 It is intended that short course racing with up to 6 races will be held on Friday 8th Sept. The race schedule for this day may be swapped with that for Sat 9th Sept at the discretion of the PRO.
- 5.5 On the last day of racing no warning signal will be made after 14.30 hrs.
- 5.6 In the event of a race being recalled, restarted, re-sailed or abandoned the next race sailed will be that race with subsequent races being sailed thereafter in their scheduled order.

6 CLASS FLAGS

- 6.1 The RS100 class flag will be a red flag with black RS100 or numeral pennant 1.
- 6.2 The RS Vareo Class flag will be a white flag with pink RS VO or pennant V.

7 RACING AREA and COURSES

- 7.1 The racing area will be Southampton Water
- 7.2 The diagrams in Appendix A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.3 The number of laps to be sailed will be indicated on the Committee Boat for each course either written on a notice board or by flying the appropriate numeral pennant.
- 7.4 The approximate bearing of the windward mark may be displayed on the committee boat prior to the warning signal.

8 MARKS

8.1 The course marks are described in Appendix A of these SIs.

9 THE START

9.1 Races will be started by using RRS 26 with the warning signal 5 minutes before the starting signal.

9.2 The starting line will be between a mast displaying an orange flag on the Committee Boat at the starboard end and the port-end starting mark.

9.3 When an inner limit mark is laid near the Committee Boat it is a starting limit mark and shall be left to starboard when starting.

9.4 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.1 & A5.

10 MINIMUM WIND STRENGTH

10.1 Races will not be started unless the Race Officer is satisfied that the wind strength over the whole of the course is in excess of 4 knots

11 CHANGE OF NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

12 SHORTENING COURSES

12.1 Windward/leeward Course

For courses that are shortened at the leeward mark when the committee boat is in its normal position and displaying flag S (alongside the class flag if more than one fleet is on the course), boats shall round the leeward mark on its required side and proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should proceed to the finish line in the same way. When the leeward mark is a gate, boats are not required to pass through the gate but to leave the mark nearest the Committee Boat on the required side before proceeding to the finish.

This changes RRS 32.2.

12.2 Trapezoid or Square Course

For courses that are shortened at the leeward mark on the inner loop, boats should follow SI 12.1 above.

For courses that are shortened at the leeward mark of the outer loop, the shortened course will be indicated by a signal boat stationed near the mark displaying flag S (alongside or above the class flag if there are more than one fleet on the outer loop) and making repeated sound signals. Boat shall round the leeward mark on its required side and then proceed to the normal finish line. When the leeward mark is a gate, boats are not required to pass through the gate but to leave the mark nearest the Committee Boat on the required side before proceeding to the finish.

If the outer distance mark of the start line is a mark of the course for each lap or final lap then it should be left to port on the way to the normal finish line. The leeward mark or leeward gate of the inner loop should be left to port on the way to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should finish as described above. This changes RRS 32.2.

12.3 Both Courses

At any other mark of the course the race may be shortened in accordance with RRS 32.2. All competitors shall complete the number of rounds equal to the leading boat before proceeding to the finish.

13 THE FINISH

13.1 The finish line will be between a staff displaying an orange flag on the committee boat and the finishing mark.

14 PENALTY SYSTEM

14.1 Rule 44.1 is changed so that the Two-turns Penalty is replaced by the One-Turn Penalty for the RS100s.

14.2 Boats may touch a mark other than the starting or finishing mark. A boat shall not manhandle a mark when it results in an advantage. This changes RRS 31

15 TIME LIMITS

15.1 The time limit shall be 60 minutes from the valid start for the first boat that sails the course and finishes. If one boat finishes within that limit then the time limit will be amended to 15 minutes after the finishing time of the first boat. Boats failing to finish within the amended time limit shall be scored in their observed positions on the course. This changes RRS 35, A4 and A5. Boats finished in this way will be advised of the fact by a safety boat and should stop racing thereafter.

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms will be available from the Race Office. They shall be delivered there within the protest time limit.

16.2 The protest time limit is 45 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

16.3 Notices will be posted within 30 minutes of the expiry of the protest time to inform competitors of hearings in which they are parties to, or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices, obtain their copy of the protest form and make sure that they and their witnesses attend the hearing.

16.4 Where a Class judge a NJ, IJ or official arbitrator is appointed to an event the Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. See official notice board for details.

- 16.5 For infringements of the rules other than in Parts 1 and 2 of the RRS, the protest committee may award a lesser penalty than disqualification.
- 16.6 Breaches of instructions 22.1 and 23 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS62.2.

17 SCORING SYSTEM

- 17.1 Points will accrue to the helm named on the entry form and not the boat entered.
- 17.2
- (a) Three races are required to be completed to constitute the series.
 - (b) When fewer than 4 races have been completed, a competitor's series score will be the total of her race scores.
 - (c) When from 4 -7 races have been completed, a competitor's series score will be the total of her race scores excluding her worst score.
 - (d) When 8 or more races have been completed, a competitor's series score will be the total of her race scores excluding her two worst scores.
 - (e) When 13 or more races have been completed, a competitor's series score will be the total of her race scores excluding her three worst scores.
- 17.3 To request correction of an alleged error in posted race or series results, a competitor may complete a scoring enquiry form available at the race office. If a request for correction is rejected the time limit for requesting redress for the alleged error will run from the time that the rejection is advised to the competitor.
- 17.4 **Series/event tie:** If, after discard, two or more competitors have the same points total the tie will be broken in accordance with RRS Appendix A8.1.

18 SAFETY REGULATIONS

- 18.1 Personal Flotation Devices for crew members shall be worn at all times whilst afloat without flag Y having been displayed. This changes RRS 40.
- 18.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
- 18.3 In accordance with RRS 43.1 and WS Case 89, no clothing or equipment may be worn on the body of helm or crew to carry liquid of any description, even if for the purpose of re-hydration; this includes camelbacks, water bottles and cans of drink.
- 18.4 Boats entered but not leaving the shore for the day's races shall notify the race office as soon as possible. A boat that retires shall notify the race committee either directly or via a safety

boat, as soon as possible. Alternatively please notify the race office on coming ashore. Capsized boats in danger of entering the Port's Deep Water Channel may be towed away from any danger if judged necessary by the safety RIBs. Competitors are reminded to wear buoyancy aids (wetsuits are not sufficient).

- 18.5 The helm of every boat intending to race must sign on by collecting a tally wrist band with the correct competitor number before going afloat. After returning to the shore, this tally band is to be replaced on the appropriate hook on the tally board in order to indicate that the correct courses have been sailed and the rules obeyed for all races sailed and that all of the boat's crew have returned safely to the shore. Helms shall tally off within 30 minutes of finishing the last race of the day.
- 18.6 A boat that retires from a race shall notify the race Committee afloat or ashore as soon as possible. A helm shall indicate that they have retired from a race by signing off with the Code RET, DNF, indicating which race on the form near the Tally board.
- 18.7 The location of the Tally board will be advised at the Briefing.
- 18.8 Competitors are reminded that their boats must carry clearly visible sail numbers at all times. It is suggested that the sail number is also repeated on the trolley.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 For the event only the helm named on the entry form will be eligible. If a different helm completes a race in the same boat then they will be considered a separate entry and their results cannot be combined with another helm's results.
- 19.2 **Distinguishing Numbers.** Under exceptional circumstances, the Race Committee may permit a boat to use sails carrying a distinguishing number other than that required by RRS77 and RRS Appendix G. Such permission is only valid if sought in writing and granted at least 2 hours before the advertised start of that day's racing.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

21 ADVERTISING

- 21.1 Boats shall display advertising supplied by the organizing authority as specified in the NOR.
- 21.2 When provided at registration, competitors shall make every reasonable effort to display event sponsors promotional items on their boat and sails as directed. If sponsor promotional items come off whilst racing, competitors must obtain replacement items from the RS Association before the start of racing the following day, if the Association has sufficient stocks available.
- 21.3 There will be no restriction on the number or coverage of advertisers logos or slogans except for the front 20% of the forward part of each side of the hull and the foremost 20% of the

mainsail boom bottom, which are reserved for RS Association event sponsors. [see ISAF regulation 20 Advertising Code]

- 21.4 Any individual caught stealing sponsor promotional items, e.g. flags, banners, prizes, etc. shall be the subject of a report by the Race Committee to the Protest Committee requesting action under RRS 69.2(a).

22 RADIO COMMUNICATIONS

- 22.1 A boat shall neither make nor receive radio transmissions, text messages or cellular phone calls while racing except in an emergency or when using equipment provided by the race committee.

23 SUPPORT BOATS

- 23.1 Support boats shall be registered with the organising authority and will be required to comply with event support boat regulations.
- 23.2 All support boats shall clearly display any identification supplied by the OA at all times while afloat.
- 23.3 Support persons as defined in the RRS shall stay outside areas where boats are racing from the time of the starting sequence until all boats have finished or the race committee signals a postponement, general recall or abandonment.

24 DISCLAIMER OF LIABILITY

24.1 Addendum A (RYA) Appendix J

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

The fact that the race committee may conduct inspections of a boat does not reduce the responsibilities of each competitor as set out in these Sailing Instructions.

The provision of safety equipment and boats by Weston Sailing Club is neither a guarantee that assistance can be rendered to any competitor in need, nor an acceptance of any responsibility for rescue of competitors. Further, in the event that any assistance is rendered to a competitor, no liability for any loss, damage or injury to the competitor and / or boat and its equipment is accepted by either the Club or the crew of such safety craft

25 TRASH DISPOSAL

25.1 Boats shall not drop trash in the dinghy park.

26 INSURANCE

26.1 Each participating boat shall be adequately insured with valid third-party liability insurance with a minimum cover of £2 million per incident or equivalent.

27 RIGHTS TO USE NAME AND LIKENESS

27.1 By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

28 PRIZES

28.1 The prizes are allocated as follows:

RS100

Top 5 places overall
Fidelis Trophy

RS Vareo

Top 3 overall
Fidelis Trophy

29 USE OF DRONES

29.1 Event drones (UAVs/UASs) may be used in close proximity to obtain media for an event. This may be on land and/or over water. Any material gained from their use can be used by the event team or sponsors for PR and Media purposes.